

Tow-Trust Towbars

Important: Please read General Notes overleaf before fitting Issue: 2

Fitting Instruction

THON7SN HONDA CR-V 2018>

ltem	Qty	Description	Item	Qty	Description
		THON7 Crossmember	D		VASP8 L/H Socket Plate
A	1			1	· ·
B1	1	L/H Side Arm	E	8	M10 x 35 Bolts, 4 Nyloc Nuts & 4 S/P Washers
B2	1	R/H Side Arm	F	6	M8 x 30 Bolts (10.9) & S/P Washers
С	1	ACS9 / 9209 Swan Neck	G	1	M16 x 110 Bolt & Nyloc Nut
			Н	2	M12 x 110 Grade 10.9 Bolts & Nyloc Nuts
			J	2	15mm Spacer Plates
			К	4	10 x 30 Flat Washers
			L	8	10 x 25 Flat Washers
			M	4	12 x 25 Flat Washers
			N	6	8 x 25 H/D Flat Washers
			Р	2	16 x 27 Flat Washers
			R	4	THON7 1mm Shims
			S	2	M16 Black Bolt Caps
			T2	2	40mm O/D x 20mm Long Spacer Tubes

BUMPER REMOVAL:

- Remove the under tray, four fixings. Remove two additional fixings from the outside lower edge of the rear bumper. 1.
- Remove two fixings from each wheel arch then unclip wheel arch trim, this will reveal an additional two fixings each side to remove. 2.
- 3. Remove four fixings from around the boot opening. Pull bumper tips sideways to release from the vehicle body work then rearwards to remove.

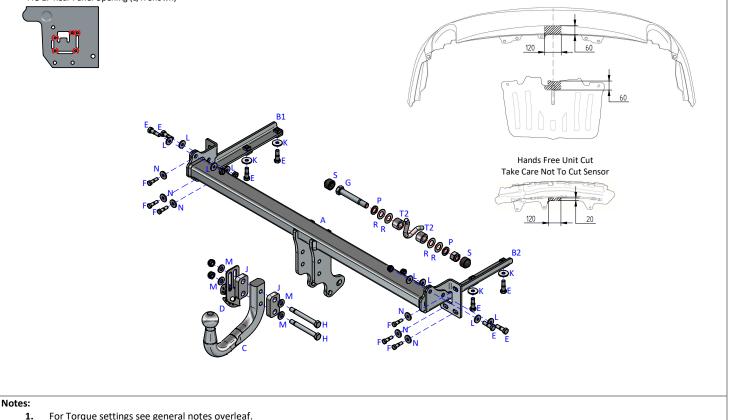
Bumper & Under Tray Cut (outside View)

- Remove the rear impact beam (this is not refitted with the Towbar assembly). 4.
- Drill out each dimple using a cone cutter until they join up and allow you to remove the material from each chassis opening (See: FIG 1) File 5. smooth all sharp edges and paint to prevent corrosion.
- 6. Lower and support the exhaust.

TOWBAR INSTALLATION:

- Fix Item **A** to the rear panel using Item **F** and Item **N**. 1.
- Fix Item A to the central towing eye using Item G with Item P and Item T2 and R as spacers. (Use Item R as necessary to shim the gap) 2.
- Insert items B1 and B2 into each correct chassis and fix to the chassis lower face using items E and Items K. 3.
- 4. Fix items B1 and B2 to Item A using Item E and item L.
- Fix Item C and Item D to Item A using Items H with item M and Item J. 5.
- Fully tighten all fixings ensuring the Towbar is rigid, square, and secure. Fit Item S to central towing eye fixing (Item G). 6.
- 7. Rehang the exhaust.
- Cut the rear bumper, under tray and if fitted hands free unit as per the below sketch and fit to the vehicle. 8.

FIG 1: Rear Panel Opening (L/H Shown)



For Torque settings see general notes overleaf.

Nose load limits and vehicle manufacturer's trailer / caravan weight limits must be observed. 2.